|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **The Risk Taking Inventory (RTI)** | | | | | | | | | | | | | | | | | |
| **Name**: **Age**: **Sex**: **\*\*** | | | | | | | | | | | | | | | | | |
|  | |  | | | |  | | |  | |  |  | |  |  | |  |
| Please answer as honestly as possible and think about your favourite high-risk sport: | | | | | | | | | | | | | | | | | |
|  | |  | | | |  | | |  | |  |  | |  |  | |  |
|  | |  |  | **Never** | | |  | | | | | |  | | **Always** | |
| 1 | | I deliberately put myself in danger |  | 1 | | 2 | | | 3 | | | 4 | | | 5 | |
| 2 | | I take time to check conditions (e.g., weather) |  | 1 | | 2 | | | 3 | | | 4 | | | 5 | |
| 3 | | It’s like gambling, you can’t win unless you try it | | 1 | | 2 | | | 3 | | | 4 | | | 5 | |
| 4 | | I check any gear/equipment that I borrow | | 1 | | 2 | | | 3 | | | 4 | | | 5 | |
| 5 | | I actively seek out dangerous situations | | 1 | | 2 | | | 3 | | | 4 | | | 5 | |
| 6 | | I am aware of the nearest help and first aid | | 1 | | 2 | | | 3 | | | 4 | | | 5 | |
| 7 | | I take time to check for potential hazards | | 1 | | 2 | | | 3 | | | 4 | | | 5 | |

Woodman et al (2013)

* Deliberate Risk taking (DRT)
  + I deliberately put myself in danger
  + It’s like gambling, you can’t win unless you try it
  + I actively seek out dangerous situations
* Precautionary Behaviors (PB)
  + I take time to check conditions (e.g., weather)
  + I check any gear/equipment that I borrow
  + I am aware of the nearest help and first aid
  + I take time to check for potential hazards

Responses to each statement are recorded on a 5-point Likert scale (1 = *never*; 5 = *always*).

None of the items are inversely keyed.